



# PUMA BLAST



## WEEK OF SEPTEMBER 28<sup>TH</sup>

**Monday, September 28<sup>th</sup> is a student holiday.**

### Starting Tuesday, September 29<sup>th</sup> Revised Middle School Virtual Schedule

**TL=Teacher Led**

**BR= Break**

**ID=Independent**

**Adjusted by 15 minutes per course per day.**

Time	Content	Learning Activities	
8:30-9:05	Advisory/HR	TL	Social-emotional learning, intervention, enrichment (35 min)
9:05-9:10	Transition/Break	BR	Use restroom, get water, get supplies (5 min)
9:10-10:10	Period 1/5	ID	Attendance/Warm-Up (10 min)
		TL	Whole group instruction (15 min)
		TL/ID	Small-Group and Independent Practice (30 min)
		TL/ID	Review/Exit Activity (5 min)
10:10-10:20	Transition/Break	BR	Use restroom, get water, get supplies (10 min)
10:20-11:20	Period 2/6	ID	Attendance/Warm-Up (10 min)
		TL	Whole group instruction (15 min)
		TL/ID	Small-Group and Independent Practice (30 min)
		TL/ID	Review/Exit Activity (5 min)
11:20-11:50	Lunch	BR	Lunch (30 min)
11:50-12:50	Period 3/7	ID	Attendance/Warm-Up (10 min)
		TL	Whole group instruction (15 min)
		TL/ID	Small-Group and Independent Practice (30 min)
		TL/ID	Review/Exit Activity (5 min)
12:50-1:00	Transition/Break	BR	Use restroom, get water, get supplies (10 min)
1:00-2:00	Period 4/8	ID	Attendance/Warm-Up (10 min)
		TL	Whole group instruction (15 min)
		TL/ID	Small-Group and Independent Practice (30 min)
		TL/ID	Review/Exit Activity (5 min)
2:00-3:30	Teacher Planning/Office Hours	TL	Planning, Instructional Support, Office Hours



[Click here](#) for the  
**SPMS Virtual Learning  
Student/ Parent Handbook**

## [SPMS Agenda Boards](#)

This site is the portal  
for families to see  
what assignments are  
due in their child's  
classes.

## School Forms

RYCOR Online Forms enables all HCPS families to submit school forms using a secure online website accessed through the PowerSchool Parent Portal. Just click the “Access Online Forms” icon in the PowerSchool Parent Portal sidebar menu.

Step 1: Log into your parent PowerSchool account (if you do not have an account, see directions below to create one).

Step 2: On the left click on “access online forms”



**Deadline extended:**

**Please complete these forms by October 16<sup>th</sup>**

## Restart Regularly!

It is a good habit to restart your laptop EVERY DAY

Restarting helps you:

- get the latest updates and bug fixes
- speed performance and fix poor internet connection
- flush the RAM (random access memory) to keep your computer running smoothly!



Restarting regularly prevents many common problems!



### Restart Properly!

Do **not** hold the power button down. Go to the windows button on the bottom left of your screen and then click on the power button and choose restart

**Current 8th grade students will have the opportunity to try out for JV programs at their zoned high school**

Future Deep Run students can try out for the following sports this school year:

**Girls Basketball - Winter Season**  
December 7<sup>th</sup> – February 20<sup>th</sup>

**Football - Fall Season**  
February 4<sup>th</sup> – May 1<sup>st</sup>

**Boys Soccer - Spring Season**  
April 12<sup>th</sup> – June 26<sup>th</sup>

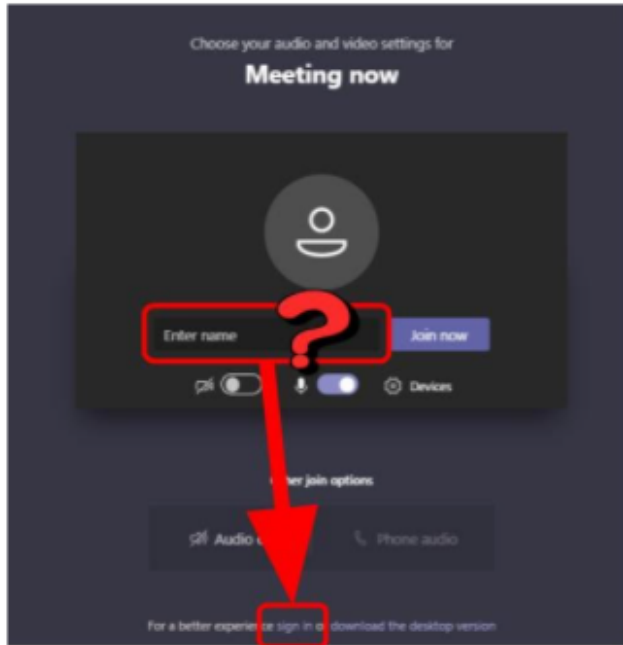
**Girls Tennis - Spring Season**  
April 12<sup>th</sup> – June 26<sup>th</sup>

Please [CLICK HERE](#) for all of the required forms which must be submitted to the Athletic Director, Michael Kidd ([mjkidd@henrico.k12.va.us](mailto:mjkidd@henrico.k12.va.us)), before you are able to try out for a team later in the year.

# Trouble logging in?

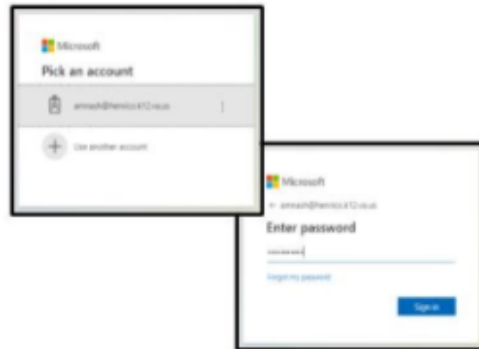
## Are you still showing up in Teams as a guest?

### Sign in for a better experience



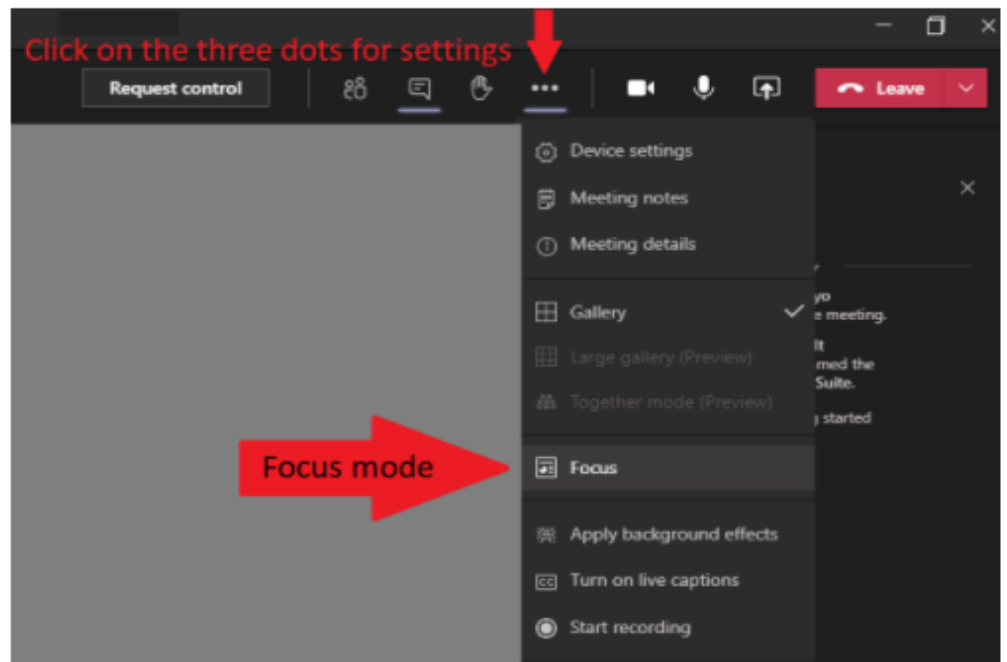
If you are asked to enter your name when you join a Teams meeting in the browser you need to sign in.

Please use your Henrico account to sign in. You will have to enter your password.



**Focus mode:**  
Help your Puma focus on instruction.  
Try *focus mode* to reduce distractions.

**Note:** You need the *new view* to access focus mode (training will be provided in Advisory next week)



Did you miss yearbook pickup?

Don't forget to swing by school and pick it up!  
Monday – Friday between 8:00 am – 4:30 pm

If you did not purchase a yearbook but would like one simply stop by the main office with \$25 cash or check.

### **IF YOUR ADDRESS HAS CHANGED**

If you have relocated within our SPMS community and need to submit a change of address, you will need **all the following documents:**

- Copy of deed, lease, or contract of your new residence
- Copy of your photo ID
- Copy of a utility bill for the new address.

Please send these 3 documents to our registrar, Mrs. Martin, at [sjmartin@henrico.k12.va.us](mailto:sjmartin@henrico.k12.va.us)

### **SAVE THE DATE!**

- Student Holiday Yom Kippur  
Monday 9/28
- Student Holiday Election Day  
Tuesday 11/3
- Student Holiday Diwali  
Friday 11/13
- Thanksgiving Holiday  
Wednesday 11/25 – Friday 11/27
- Winter Break  
Monday 12/21 – Friday 1/1